

One way we can deepen our knowing that we are not alone in our journey, but fully supported comes through deepening your connection to Source through daily affirmations.

Here are eight affirmations you can use to allow yourself that reconnection. Repeat as often as guided.

*"On this day and each and every day I am surrounded by infinite sources of love. I embrace this love deeply in my heart and allow Divine love to demonstrate in my life today."*

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*"I ask for what I want with clarity and distinction. I voice my thoughts when necessary and say no when it is right for me. I allow the Divine Power that has always been mine to come forth and demonstrate itself in my life."*

*"I am right here and right now. I am fully present in my being. I allow myself to feel and fully enjoy the experience of being fully present in my body and connection to the earth."*

*"I live with full trust of my intuitive abilities. I embrace my full connection with source energy. I allow myself to be open and receiving of messages that are in my highest good. All is well."*

*"I allow myself to receive the true gift of my soul's growth and know deep within that everything is an experience that my soul wants to have. I embrace the experiences that show up in my life and realize the gift within them."*

*"I hear and trust the inner guidance I receive. I reclaim and reawaken my connection with my personal Guide team and know that I am not alone in this lifetime."*

*"I place full trust in my inner knowing of the messages and confirmations I receive through repeating number combinations and patterns. I acknowledge their presence in my life as I follow the guidance received."*